

Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 A LA CARTE BEVERAGES	AQUAFINA SPASH RASPBERRY 16.9OZ	PEPSI	9-12	1.00 EACH	0	140	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	AQUAFINA SPLASH GRAPE 16.9OZ	PEPSI	9-12	1.00 EACH	0	180	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	ARNOLD PALMER ZERO 11.5OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	14	1	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	BAI COCONUT PINEAPPLE 16OZ	SNAPPLE	9-12	1.00 EACH	10	35	9	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DASANI SPARKLING WATER BERRY 12OZ	COKE	9-12	1.00 EACH	0	35	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DASANI SPARKLING WATER LEMON 12OZ	COKE	9-12	1.00 EACH	0	35	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DASANI SPARKLING WATER LIME 12OZ	COKE	9-12	1.00 EACH	0	35	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET CITRUS GREEN TEA 16.9OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	160	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET LEMON ICED TEA 12OZ	PEPSI	9-12	1.00 EACH	0	80	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET MIXED BERRY GREEN TEA 16.9OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	170	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET SNAPPLE HALF 'N HALF 20OZ	SNAPPLE	9-12	1.00 EACH	15	15	1	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET SNAPPLE LEMON 20OZ	SNAPPLE	9-12	1.00 EACH	10	15	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET SNAPPLE PEACH 20OZ	SNAPPLE	9-12	1.00 EACH	10	15	1	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DIET SNAPPLE RASPBERRY 20OZ	SNAPPLE	9-12	1.00 EACH	10	15	1	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DOLE APPLE JUICE 10OZ	PEPSI	9-12	1.00 EACH	130	25	34	1	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DOLE FRUIT PUNCH 10OZ	PEPSI	9-12	1.00 EACH	140	25	34	2	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	DOLE ORANGE JUICE 10OZ	PEPSI	9-12	1.00 EACH	140	25	33	2	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	FRUIT20 CHERRY 16OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	65	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	FRUIT20 FRUIT PUNCH 16OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	65	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	FRUIT20 GRAPE 16OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	65	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	FRUIT20 LEMON 16OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	65	0	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	FRUIT20 STRAWBERRY 16OZ	ATLANTIC FOODS	9-12	1.00 EACH	0	65	*N/A*	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	G2 FRUIT PUNCH 12OZ	PEPSI	9-12	1.00 EACH	30	160	7	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	G2 GLACIER FREEZE 12OZ	PEPSI	9-12	1.00 EACH	30	160	7	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICE APPLE 4OZ	GFS	K-12	1.00 EACH	60	15	14	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICE BOX APPLE 6.75OZ	GFS	K-12	1.00 EACH	90	5	21	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICE BOX FRUIT PUNCH 6.75OZ	GFS	K-12	1.00 EACH	100	25	24	1	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICE GRAPE 4OZ	GFS	K-12	1.00 EACH	80	15	18	1	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICE ORANGE 4OZ	GFS	K-12	1.00 EACH	56	1	13	1	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICY JUICE APPLE 10OZ	ATLANTIC FOODS	6-12	1.00 EACH	140	25	35	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICY JUICE BERRY 6.75OZ	ATLANTIC FOODS	K-12	1.00 EACH	100	15	24	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICY JUICE FRUIT PUNCH 10OZ	ATLANTIC FOODS	6-12	1.00 EACH	140	25	35	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICY JUICE GRAPE 6.75OZ	ATLANTIC FOODS	K-12	1.00 EACH	100	15	25	0	N	N	N	N	N	N	N	N	

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!!! indicates ingredient may contain traces of peanuts/treenuts.

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16-17 A LA CARTE BEVERAGES	JUICY JUICE KIWI STRAWBERRY 6.75OZ	ATLANTIC FOODS	K-12	1.00 EACH	100	15	24	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	JUICY JUICE ORANGE TANGERINE 6.75OZ	ATLANTIC FOODS	K-12	1.00 EACH	110	15	27	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MILK CHOCOLATE LOW FAT 1%	BORDEN	K-12	1.00 EACH	120	240	23	8	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MILK FAT FREE SKIM	BORDEN	K-12	1.00 EACH	80	120	12	8	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MILK LOW FAT 1%	BORDEN	K-12	1.00 EACH	100	120	12	8	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MINUTE MAID APPLE JUICE 10OZ	COKE	6-12	1.00 EACH	140	25	35	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MINUTE MAID LIGHT LEMONADE 12OZ	COKE	9-12	1.00 EACH	5	50	2	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MINUTE MAID MIXED BERRY JUICE 10OZ	COKE	6-12	1.00 EACH	150	25	36	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	MINUTE MAID ORANGE JUICE 10OZ	COKE	6-12	1.00 EACH	140	20	33	2	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	SWITCH BLACK CHERRY 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	5	30	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	SWITCH FRUIT PUNCH 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	5	30	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	SWITCH GRAPE 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	5	30	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	SWITCH HARDCORE APPLE 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	7	29	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	SWITCH KIWI BERRY 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	5	30	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	SWITCH ORANGE TANGERINE 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	5	30	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	SWITCH WATERMELON STRAWBERRY 8OZ	ATLANTIC FOODS	K-12	1.00 EACH	120	5	29	0	N	N	N	N	N	N	N	N	SWITCH: GLUTEN FREE
16-17 A LA CARTE BEVERAGES	TROPICANA ORANGE JUICE	ATLANTIC FOODS	6-12	1.00 EACH	140	20	33	2	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VERY FINE APPLE 10OZ	ATLANTIC FOODS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VERY FINE FRUIT PUNCH 10OZ	ATLANTIC FOODS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VERY FINE GRAPE 10OZ	ATLANTIC FOODS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VERY FINE ORANGE 10OZ	ATLANTIC FOODS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VITAMIN WATER RISE	COKE	9-12	1.00 EACH	0	0	4	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VITAMIN WATER SQUEEZED	COKE	9-12	1.00 EACH	0	0	5	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE BEVERAGES	VITAMIN WATER XXX	COKE	9-12	1.00 EACH	0	0	4	0	N	N	N	N	N	N	N	N	
16-17 A LA CARTE ITEMS	BAR COCOA CHERRY	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	Y	!!!	Y
16-17 A LA CARTE ITEMS	BAR GRANOLA CHOCOLATE CHIP	GFS	K-12	1.00 EACH	90	80	19	1	N	N	Y	Y	!!!	N	Y	Y	!!!
16-17 A LA CARTE ITEMS	BAR OATMEAL BUTTERSCOTCH	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	Y	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	BAR OATMEAL CHOCOLATE CHIP	GFS	K-12	1.00 EACH	150	105	24	2	Y	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	BAR OATMEAL DOUBLE CHOCOLATE	GFS	K-12	1.00 EACH	150	115	24	2	Y	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CHEETOS CHEESE BAKED	GFS	K-12	1.00 EACH	120	200	17	2	N	N	Y	N	N	N	N	N	GLUTEN FREE: CHEETOS
16-17 A LA CARTE ITEMS	CHEETOS HOT BAKED	GFS	K-12	1.00 EACH	120	200	16	2	N	N	Y	N	N	N	N	N	GLUTEN FREE: HOT CHEETOS
16-17 A LA CARTE ITEMS	CHEEZ-ITS	GFS	K-12	1.00 EACH	100	150	14	2	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CHEEZ-ITS HOT	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	Y	N	Y	

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16-17 A LA CARTE ITEMS	CHEX MIX CHEDDAR	GFS	K-12	1.00 EACH	110	125	20	2	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CHEX MIX CHOCOLATE CARAMEL	GFS	K-12	1.00 EACH	120	50	22	2	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CHEX MIX HOT&SPICY	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CHEX MIX STRAWBERRY YOGURT	GFS	K-12	1.00 EACH	120	55	23	2	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CHIP DORITOS COOL RANCH	GFS	K-12	1.00 EACH	130	150	20	2	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	CHIP DORITOS NACHO CHEESE	GFS	K-12	1.00 EACH	130	200	20	2	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	CHIP DORITOS SPICY SWEET CHILI	GFS	K-12	1.00 EACH	130	200	20	2	N	N	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	COOKIE CARNIVAL	GFS	K-12	1.00 EACH	170	120	27	2	Y	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	COOKIE CHOCOLATE CHIP	GFS	K-12	1.00 EACH	160	105	27	2	Y	N	Y	Y	CO	N	Y	Y	COO
16-17 A LA CARTE ITEMS	COOKIE CHOCOLATE CHIP 1OZ	NFG	K-12	1.00 EACH	110	65	19	1	Y	N	Y	N	N	Y	N	Y	MAY CONTAIN PEANUTS/TREENUTS
16-17 A LA CARTE ITEMS	COOKIE RED-WHITE-BLUE	ATLANTIC	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	Y	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	COOKIE STRAWBERRY DELIGHTS	GFS	K-12	1.00 EACH	160	125	27	2	Y	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CRACKER GOLDFISH CHEDDAR	GFS	K-12	1.00 EACH	100	170	14	2	N	N	Y	N	N	N	N	Y	
16-17 A LA CARTE ITEMS	CRACKER GOLDFISH HONEY OAT	GFS	K-12	1.00 EACH	120	55	18	2	N	N	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CRACKER GOLDFISH RANCH	GFS	K-12	1.00 EACH	100	190	14	2	Y	N	Y	N	N	N	N	Y	
16-17 A LA CARTE ITEMS	CRACKER GRAHAM SCOOPY	GFS	K-12	1.00 EACH	120	115	21	2	N	N	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	CRACKERS ANIMAL	NFG	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	Y	!!!	N	Y	Y	!!!
16-17 A LA CARTE ITEMS	FRUIT POCKET APPLE	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	GOGURT STRAWBERRY	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	GOGURT: GLUTEN FREE
16-17 A LA CARTE ITEMS	HEARTZELS	GFS	K-12	1.00 EACH	80	200	16	2	N	N	N	N	N	N	N	Y	
16-17 A LA CARTE ITEMS	ICE CREAM BAR FUDGE FRENZY	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	ICE CREAM CHOCOLATE SHORTCAKE	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	ICE CREAM COTTON CANDY BAR	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	ICE CREAM CUP CHOCOLATE	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	ICE CREAM CUP CHOCOLATE RIPPLE	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	ICE CREAM CUP VANILLA	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	ICE CREAM SANDWICH	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	ICE CREAM SHERBET PUSH UP	ICE CREAM SPECIALTIES	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	N	
16-17 A LA CARTE ITEMS	LIL' SQUARE GRAHAMS HONEY	GFS	K-12	1.00 EACH	130	150	24	2	N	N	N	N	N	N	N	Y	
16-17 A LA CARTE ITEMS	POPCORN LITE WHITE	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	POPCORN: GLUTEN FREE
16-17 A LA CARTE ITEMS	POPCORN WHITE CHEDDAR	GFS	K-12	1.00 EACH	70	100	9	2	N	N	Y	N	N	N	N	N	GLUTEN FREE POPCORN
16-17 A LA CARTE ITEMS	SNACK MIX	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	N	N	Y	
16-17 A LA CARTE ITEMS	SUNFLOWER SEEDS	GFS	K-12	1.00 EACH	170	115	6	6	N	N	N	N	N	N	N	N	

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16-17 A LA CARTE ITEMS	SUSHI HALF CALIFORNIA/HALF SHRIMP	FUSIAN	9-12	1.00	ROLL (10 PIECE)	255	305	39	7	N	Y	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	SUSHI SIGNATURE CALIFORNIA	FUSIAN	9-12	1.00	ROLL (10 PIECE)	229	335	35	7	N	Y	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	SUSHI SIGNATURE CHICKEN	FUSIAN	9-12	1.00	ROLL (10 PIECE)	339	105	33	18	N	N	Y	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	SUSHI SIGNATURE SHRIMP	FUSIAN	9-12	1.00	ROLL (10 PIECE)	278	269	42	7	N	Y	N	N	N	Y	N	Y	
16-17 A LA CARTE ITEMS	SUSHI VEGGIE	FUSIAN	K-12	1.00	ROLL (10 PIECE)	212	409	40	4	N	N	N	N	N	Y	N	Y	
16-17 BEEF PRODUCTS	BEEF BBQ RIBLET	GFS	K-12	1.00	EACH	200	670	13	14	N	N	Y	N	N	Y	N	Y	
16-17 BEEF PRODUCTS	BEEF BRISKET	DEPOT BBQ	K-12	3.00	OZ BY WEIGHT	150	67	5	*N/A*	N	N	N	N	N	N	N	N	
16-17 BEEF PRODUCTS	BEEF CIN CHILI*	GFS	K-12	5.58	OZ BY WEIGHT	222	346	6	14	N	N	N	N	N	N	N	N	CIN CHILI: GLUTEN FREE
16-17 BEEF PRODUCTS	BEEF GROUND RAW*	GFS	K-12	2.68	OZ BY WEIGHT	164	50	0	7	N	N	N	N	N	N	N	N	
16-17 BEEF PRODUCTS	BEEF MEATBALL	GFS	K-12	4.00	EACH	151	216	5	12	N	N	Y	N	N	Y	N	Y	
16-17 BEEF PRODUCTS	BEEF MEATLOAF	GFS	#N/A	1.00	EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	Y	N	Y	
16-17 BEEF PRODUCTS	BEEF PATTY	GFS	K-12	1.00	EACH	110	270	1	14	N	N	N	N	N	Y	N	N	
16-17 BEEF PRODUCTS	BEEF SLOPPY JOE	GFS	K-12	3.63	OZ BY WEIGHT	145	417	10	13	N	N	N	N	N	Y	N	N	SLOPPY JOE: GLUTEN FREE
16-17 BEEF PRODUCTS	BEEF SPAGHETTI SAUCE	GFS	K-12	4.20	OZ BY WEIGHT	125	218	7	11	N	N	N	N	N	N	N	N	BEEF SAUCE: GLUTEN FREE
16-17 BEEF PRODUCTS	BEEF TACO FILLING*	GFS	K-12	3.17	OZ BY WEIGHT	111	292	5	13	N	N	N	N	N	Y	N	N	BEEF FILLING: GLUTEN FREE
16-17 CHICKEN PRODUCTS	CHICKEN BBQ- SCRATCH		K-12	3.12	OZ BY WEIGHT	152	276	16	17	N	N	N	N	N	N	N	N	
16-17 CHICKEN PRODUCTS	CHICKEN BREAST PATTY	GFS	K-12	1.00	EACH	130	330	2	15	N	N	N	N	N	N	N	N	
16-17 CHICKEN PRODUCTS	CHICKEN BUFFALO- SCRATCH		K-12	3.00	OZ BY WEIGHT	78	216	0	13	N	N	N	N	N	N	N	N	
16-17 CHICKEN PRODUCTS	CHICKEN DICED*	GFS	K-12	2.00	OZ BY WEIGHT	72	56	0	12	N	N	N	N	N	N	N	N	CHICKEN: SEE USDA LABEL
16-17 CHICKEN PRODUCTS	CHICKEN DRUMSTICK	GFS	K-12	1.00	EACH	190	450	5	16	N	N	N	N	N	N	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN FAJITA SEASONED*	GFS	#N/A	2.80	OZ BY WEIGHT	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	N	N	
16-17 CHICKEN PRODUCTS	CHICKEN FAJITA*	GFS	K-12	3.40	OZ BY WEIGHT	122	606	2	18	N	N	N	N	N	N	N	N	CHICKEN: SEE USDA LABEL
16-17 CHICKEN PRODUCTS	CHICKEN IN ENCHILADA SAUCE	NFG	K-12	3.57	OZ BY WEIGHT	136	777	8	13	N	N	N	N	N	Y	N	N	
16-17 CHICKEN PRODUCTS	CHICKEN NUGGETS	GFS	K-12	5.00	EACH	240	470	16	13	N	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN PATTY	GFS	6-12	1.00	EACH	260	400	16	16	N	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN PATTY SPICY	GFS	6-12	1.00	EACH	270	400	17	15	N	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN POPCORN	GFS	K-12	12.00	EACH	250	380	15	15	N	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN SWEET AND SOUR	GFS	6-12	3.90	OZ BY WEIGHT	200	350	27	13	Y	N	N	N	N	N	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN TANGERINE	GFS	6-12	3.90	OZ BY WEIGHT	190	380	25	14	Y	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN TANO'S TENDERS		K-12	1.00	EACH	119	209	6	10	Y	N	Y	N	N	N	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN TENDER	GFS	6-12	3.00	EACH	260	390	16	15	N	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN TENDER SPICY	GFS	6-12	3.00	EACH	260	390	16	15	N	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CHICKEN WINGS BONELESS	GFS	K-12	5.00	EACH	250	400	15	23	N	N	N	N	N	Y	N	Y	

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 CHICKEN PRODUCTS	CORN DOG - MINI	GFS	K-12	6.00 EACH	270	420	30	11	Y	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	CORN DOG CHICKEN	GFS	K-12	1.00 EACH	240	390	30	9	Y	N	N	N	N	Y	N	Y	
16-17 CHICKEN PRODUCTS	EGG ROLL- CHICKEN	GFS	9-12	1.00 EACH	160	410	20	10	Y	N	Y	N	N	Y	N	Y	EGG ROLL: NO MSG
16-17 CONDIMENTS	BANANA PEPPERS	GFS	6-12	0.13 CUP (7 EACH)	3	140	1	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BASE BEEF*	GFS	K-12	0.75 TSP	15	135	1	*N/A*	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BASE CHICKEN*	GFS	K-12	1.00 TEASPOON	15	740	2	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BASE CHIPOTLE*	GFS	K-12	1.00 TEASPOON	15	125	2	0	N	N	Y	N	N	Y	N	Y	
16-17 CONDIMENTS	BASE VEGETABLE*	GFS	K-12	0.75 TEASPOON	10	630	2	1	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BBQ SAUCE CUP	GFS	6-12	1.00 EACH	50	240	11	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BBQ SAUCE CUP	GFS	7-12	1.00 EACH	60	120	16	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BBQ SAUCE PACKET	GFS	K-12	1.00 EACH	20	89	5	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BBQ SAUCE SWEET BABY RAY'S*	GFS	K-12	0.50 OZ	35	145	9	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	BUFFALO SAUCE- SCRATCH		6-12	1.00 TABLESPOON	52	332	0	0	N	N	Y	N	N	Y	N	N	
16-17 CONDIMENTS	CHIPOTLE MAYONNAISE-SCRATCH*		9-12	1.00 TABLESPOON	50	78	2	0	Y	N	Y	N	N	Y	N	Y	
16-17 CONDIMENTS	CREAM CHEESE	GFS	9-12	1.00 EACH	100	95	1	2	N	N	Y	N	N	N	N	N	
16-17 CONDIMENTS	DRESSING HONEY MUSTARD PACKET	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	Y	N	N	N	N	N	N	N	DRESSING: GLUTEN FREE
16-17 CONDIMENTS	DRESSING ITALIAN LITE PACKET	GFS	9-12	1.00 EACH	50	330	3	0	N	N	N	N	N	N	N	N	DRESSING: GLUTEN FREE
16-17 CONDIMENTS	GRAVY CHICKEN MIX	GFS	K-12	1.50 TABLESPOON	35	240	7	0	N	N	N	N	N	N	N	Y	
16-17 CONDIMENTS	GRAVY CHICKEN PREPARED- SCRATCH*		K-12	1.00 OZ	18	121	4	0	N	N	N	N	N	N	N	Y	
16-17 CONDIMENTS	HONEY MUSTARD CUP	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	Y	N	N	N	N	N	N	N	
16-17 CONDIMENTS	HOT SAUCE*	GFS	K-12	0.50 OZ	5	444	0	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	ITALIAN DRESSING	GFS	#N/A	2.00 TABLESPOONS	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	DRESSING: GLUTEN FREE
16-17 CONDIMENTS	JALAPENO PEPPERS	GFS	6-12	0.13 CUP (7 EACH)	3	140	1	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	JELLY APPLE-GRAPE	GFS	K-12	0.50 TABLESPOON	25	5	7	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	JELLY GRAPE	GFS	K-12	1.00 EACH	36	1	9	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	KC BBQ SAUCE	DEPOT BBQ	K-12	2.00 OUNCE (BY VOLUME)	76	304	17	*N/A*	N	N	Y	N	N	Y	N	N	
16-17 CONDIMENTS	KETCHUP CAN*	GFS	K-12	0.50 OZ	15	155	4	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	KETCHUP PACKET	GFS	K-12	1.00 EACH	10	85	3	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	MARGARINE CUP	GFS	K-12	1.00 EACH	25	30	0	0	N	N	Y	N	N	Y	N	N	
16-17 CONDIMENTS	MARINARA SAUCE CUP	GFS	K-12	1.00 EACH	15	260	4	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	MAYONNAISE LITE PACKET	GFS	K-12	1.00 EACH	50	70	2	0	Y	N	N	N	N	N	N	N	
16-17 CONDIMENTS	MAYONNAISE LT*	GFS	K-12	0.50 OZ	60	50	2	0	Y	N	N	N	N	N	N	N	
16-17 CONDIMENTS	MUSTARD PACKET	GFS	K-12	1.00 EACH	4	86	0	0	N	N	N	N	N	N	N	N	

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 CONDIMENTS	OLIVE BLACK	GFS	#N/A	0.13 CUP	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	PICKLES	GFS	K-12	0.13 CUP (2 EACH)	2	128	1	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	RANCH BUTTERMILK CHIPOTLE- SCRATCH*		9-12	2.00 TABLESPOONS	69	192	4	0	Y	N	Y	N	N	Y	N	Y	
16-17 CONDIMENTS	RANCH BUTTERMILK-SCRATCH*		K-12	2.00 TABLESPOONS	58	101	3	0	Y	N	Y	N	N	N	N	N	
16-17 CONDIMENTS	RANCH HIDDEN VALLEY CHIPOTLE- SCRATCH*		K-12	2.00 TABLESPOONS	47	311	4	1	Y	N	Y	N	N	Y	N	Y	
16-17 CONDIMENTS	RANCH HIDDEN VALLEY MIX	GFS	#N/A	0.50 TEASPOON	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	RANCH HIDDEN VALLEY- SCRATCH*		K-12	2.00 TABLESPOONS	39	237	3	1	Y	N	Y	N	N	N	N	N	
16-17 CONDIMENTS	SALSA*	GFS	K-12	0.25 CUP	20	70	4	0	N	N	N	N	N	N	N	N	
16-17 CONDIMENTS	SOUP CREAM OF CHICKEN HEALTHY REQUEST	GFS	K-12	0.50 CUP	70	410	11	2	N	N	Y	N	N	Y	N	Y	
16-17 CONDIMENTS	SOUR CREAM	GFS	6-8	1.00 TABLESPOON	30	25	1	*N/A*	N	N	Y	N	N	N	N	N	
16-17 CONDIMENTS	SYRUP CUP	GFS	K-12	1.00 EACH	120	0	31	0	N	N	N	N	N	N	N	N	
16-17 DESSERT	JELLO BLUE	GFS	K-12	0.25 CUP	35	40	9	1	N	N	N	N	N	N	N	N	
16-17 DESSERT	MARSHMALLOW MINI*	GFS	K-12	0.50 CUP	80	20	20	*N/A*	N	N	N	N	N	N	N	N	
16-17 DESSERT	OREO PIECES*	GFS	K-12	0.25 CUP	130	105	20	1	N	N	N	N	N	Y	N	Y	
16-17 DESSERT	PIE PUMPKIN	GFS	K-12	1.00 EACH (1/10)	300	350	47	4	Y	N	Y	N	N	Y	N	Y	
16-17 DESSERT	PIE SWEET POTATO	GFS	K-12	1.00 EACH (1/10)	342	324	46	5	Y	N	Y	N	N	Y	N	Y	
16-17 DESSERT	PUDDING CHOCOLATE	GFS	K-12	0.25 CUP	60	100	12	1	N	N	Y	N	N	N	N	N	PUDDING; GLUTEN FREE
16-17 DESSERT	PUDDING VANILLA	GFS	K-12	0.25 CUP	65	100	13	0	N	N	Y	N	N	N	N	N	PUDDING; GLUTEN FREE
16-17 FISH PRODUCTS	FISH NUGGETS*	GFS	K-8	4.00 EACH	220	760	21	13	N	Y	Y	N	N	Y	N	Y	
16-17 FISH PRODUCTS	FISH WEDGE	GFS	6-12	1.00 EACH	190	190	14	14	N	Y	N	N	N	Y	N	Y	
16-17 FRUIT	APPLE		K-12	0.25 CUP (3 SLICES)	19	0	5	0	N	N	N	N	N	N	N	N	
16-17 FRUIT	APPLE SLICED CAN	GFS	K-12	0.25 CUP	18	3	5	0	N	N	N	N	N	N	N	N	APPLE: SEE USDA LABEL
16-17 FRUIT	APPLESAUCE CAN	GFS	K-12	0.25 CUP	26	1	7	0	N	N	N	N	N	N	N	N	APPLESAUCE: SEE USDA LABEL
16-17 FRUIT	APRICOT CUP	GFS	K-12	1.00 EACH	110	0	25	1	N	N	N	N	N	N	N	N	APRICOT CUP: SEE USDA LABEL
16-17 FRUIT	BANANA		K-12	0.25 CUP (1/2 BANANA)	33	0	9	0	N	N	N	N	N	N	N	N	
16-17 FRUIT	BLUEBERRY FROZEN	GFS	K-12	0.25 CUP	17	0	4	0	N	N	N	N	N	N	N	N	BLUEBERRY: SEE USDA LABEL
16-17 FRUIT	CANTELOPE		K-12	0.25 CUP	53	25	13	1	N	N	N	N	N	N	N	N	
16-17 FRUIT	CHERRY FROZEN	GFS	K-12	0.25 CUP	18	0	4	0	N	N	N	N	N	N	N	N	CHERRY: SEE USDA LABEL
16-17 FRUIT	FRUIT AND NUT MIX DRIED	GFS	K-12	0.25 CUP	140	0	26	2	N	N	N	Y	FRL N	N	Y	FRUI N	FRUIT MIX: SEE USDA LABEL
16-17 FRUIT	FRUIT MIXED CAN	GFS	K-12	0.25 CUP	30	5	9	0	N	N	N	N	N	N	N	N	FRUIT: SEE USDA LABEL
16-17 FRUIT	GRAPES		K-12	0.25 CUP	30	1	7	0	N	N	N	N	N	N	N	N	
16-17 FRUIT	HONEYDEW		K-12	0.25 CUP	15	8	4	0	N	N	N	N	N	N	N	N	
16-17 FRUIT	KIWI		K-12	0.25 CUP	27	1	7	1	N	N	N	N	N	N	N	N	

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 FRUIT	MANDARIN ORANGES	GFS	K-12	0.25 CUP	45	5	10	1	N	N	N	N	N	N	N	N	
16-17 FRUIT	ORANGE		K-12	0.25 CUP (4 SLICES)	27	1	7	1	N	N	N	N	N	N	N	N	
16-17 FRUIT	PEACH CUP	GFS	K-12	1.00 EACH	80	0	19	1	N	N	N	N	N	N	N	N	PEACH CUP: SEE USDA LABEL
16-17 FRUIT	PEACH DICED CAN	GFS	K-12	0.25 CUP	27	3	7	0	N	N	N	N	N	N	N	N	PEACH: SEE USDA LABEL
16-17 FRUIT	PEAR		K-12	0.25 CUP (1/2 PEAR)	20	0	5	0	N	N	N	N	N	N	N	N	
16-17 FRUIT	PEAR DICED CAN	GFS	K-12	0.25 CUP	29	1	8	0	N	N	N	N	N	N	N	N	PEAR: SEE USDA LABEL
16-17 FRUIT	PEAR SLICED CAN	GFS	K-12	0.25 CUP	29	1	8	0	N	N	N	N	N	N	N	N	PEAR: SEE USDA LABEL
16-17 FRUIT	PINEAPPLE CAN	GFS	K-12	0.25 CUP	30	0	8	1	N	N	N	N	N	N	N	N	
16-17 FRUIT	RAISINS	GFS	K-12	1.00 EACH	113	4	30	1	N	N	N	N	N	N	N	N	
16-17 FRUIT	STRAWBERRY		K-12	0.25 CUP	12	0	3	0	N	N	N	N	N	N	N	N	
16-17 FRUIT	STRAWBERRY CUP	GFS	K-12	1.00 EACH	80	0	19	1	N	N	N	N	N	N	N	N	STRAWBERRY CUP: SEE USDA LABEL
16-17 FRUIT	STRAWBERRY FROZEN	GFS	K-12	0.25 CUP	19	1	5	0	N	N	N	N	N	N	N	N	STRAWBERRY: SEE USDA LABEL
16-17 FRUIT	WATERMELON		K-12	0.25 CUP	11	0	3	0	N	N	N	N	N	N	N	N	
16-17 GRAIN	BAGEL	GFS	K-12	1.00 EACH	140	160	28	6	N	N	N	N	N	N	N	Y	
16-17 GRAIN	BAGEL- STRAWBERRY CREAM CHEESE	GFS	6-12	1.00 EACH	240	180	41	6	N	N	Y	N	N	N	N	Y	
16-17 GRAIN	BAR CHERRY APPLE CRUNCH	GFS	K-12	1.00 EACH	260	90	42	4	N	N	Y	N	N	N	N	Y	
16-17 GRAIN	BAR CHOCOLATE COCOA KRISPIES	GFS	K-12	1.00 EACH	150	140	27	2	N	N	Y	N	N	Y	N	N	
16-17 GRAIN	BAR GET VERTICAL BERRY APPLE CRISP	NFG	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	Y	!!!	Y
16-17 GRAIN	BAR GET VERTICAL CINNAMON CRISP	NFG	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	Y	!!!	Y
16-17 GRAIN	BAR GET VERTICAL OATMEAL COCOA CHIP	NFG	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	Y	!!!	Y
16-17 GRAIN	BAR LEMON CHIP CRUNCH	GFS	K-12	1.00 EACH	260	160	42	4	N	N	Y	N	N	Y	N	Y	
16-17 GRAIN	BAR OATMEAL CHOCOLATE CHIP	GFS	K-12	1.00 EACH	140	75	24	2	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	BAR OATMEAL STRAWBERRY	GFS	K-12	1.00 EACH	140	75	23	2	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	BAR TRIPLE BERRY CRUNCH	GFS	K-12	1.00 EACH	260	110	43	4	N	N	Y	N	N	N	N	Y	
16-17 GRAIN	BISCUIT	GFS	6-12	1.00 EACH	170	380	22	4	Y	N	Y	N	N	Y	N	Y	MAY CONTAIN SESAME
16-17 GRAIN	BITE OATMEAL RAISIN- SCRATCH		K-12	1.00 EACH	157	143	28	3	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	BREAD APPLE RAISIN- SCRATCH		K-12	1.00 EACH	217	206	37	3	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	BREAD BLUEBERRY- SCRATCH		K-12	1.00 EACH	133	271	22	3	Y	N	Y	N	N	N	N	Y	
16-17 GRAIN	BREAD DINNER ROLL	KLOSTERMAN	K-12	1.00 EACH	90	125	16	3	N	N	N	N	N	N	N	Y	
16-17 GRAIN	BREAD ENGLISH MUFFIN	KLOSTERMAN	6-12	1.00 EACH	130	250	23	7	N	N	N	N	N	N	N	Y	
16-17 GRAIN	BREAD HAMBURGER BUN	KLOSTERMAN	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	N	Y	
16-17 GRAIN	BREAD HOAGIE BUN	KLOSTERMAN	K-12	1.00 EACH	170	280	30	6	N	N	N	N	N	Y	N	Y	
16-17 GRAIN	BREAD HOT DOG BUN	KLOSTERMAN	K-12	1.00 EACH	140	230	25	5	N	N	N	N	N	Y	N	Y	

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 GRAIN	BREAD PITA	KLOSTERMAN	9-12	1.00 EACH	100	170	20	6	N	N	N	N	N	N	N	Y	
16-17 GRAIN	BREAD SLIDER BUN	KLOSTERMAN	K-12	1.00 EACH	90	125	16	3	N	N	N	N	N	N	N	Y	
16-17 GRAIN	BREAD WHOLE GRAIN RICH	KLOSTERMAN	K-12	1.00 EACH	70	80	12	3	N	N	N	N	N	Y	N	Y	
16-17 GRAIN	BREAD WHOLE WHEAT	KLOSTERMAN	K-12	1.00 EACH	70	130	14	3	N	N	N	N	N	Y	N	Y	
16-17 GRAIN	BREADSTICK	GFS	K-12	1.00 EACH	160	140	28	5	N	N	Y	N	N	N	N	Y	
16-17 GRAIN	BREADSTICK 1 OZ	GFS	K-12	1.00 EACH	70	95	14	2	N	N	Y	N	N	N	N	Y	
16-17 GRAIN	CEREAL CHEERIOS	GFS	K-12	1.00 EACH	100	140	20	3	N	N	N	N	N	N	N	N	GLUTEN FREE: CHEERIOS
16-17 GRAIN	CEREAL RICE CHEX	GFS	K-12	1.00 EACH	100	250	24	2	N	N	N	N	N	N	N	N	CEREAL: GLUTEN FREE
16-17 GRAIN	CEREAL RICE KRISPIES	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 GRAIN	COOKIE CHOCOLATE CHIP	GFS	K-12	1.00 EACH	190	200	32	*N/A*	Y	N	Y	Y	CO(N	Y	Y	COO	Y
16-17 GRAIN	CORNBREAD	GFS	K-12	1.00 EACH	150	280	24	4	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	CRACKER OYSTER NACHO	NFG	K-12	1.00 EACH	100	170	16	2	N	N	Y	N	N	Y	N	Y	
16-17 GRAIN	FRENCH TOAST- APPLE CINNAMON	NFG	K-12	1.00 EACH	260	300	45	8	N	N	Y	N	N	Y	N	Y	
16-17 GRAIN	FRENCH TOAST- CHOCOLATE CHIP	GFS	K-12	1.00 EACH	210	260	35	5	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	FRITOS	GFS	K-12	1.00 EACH	160	160	16	2	N	N	N	N	N	N	N	N	FRITOS: GLUTEN FREE
16-17 GRAIN	FRUIT POCKET APPLE		#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	N	Y	
16-17 GRAIN	GARLIC TOAST	GFS	K-12	1.00 EACH	80	150	11	2	N	N	Y	N	N	Y	N	Y	
16-17 GRAIN	GRANOLA 1OZ	GFS	6-12	1.00 EACH	120	75	20	3	N	N	Y	N	N	Y	Y	!!!	Y
16-17 GRAIN	GRANOLA WITH RAISINS- SCRATCH*		K-12	0.50 CUP	367	97	83	4	N	N	N	N	N	N	N	N	
16-17 GRAIN	GRANOLA WITHOUT RAISINS- SCRATCH*		K-12	0.50 CUP	334	95	74	4	N	N	N	N	N	N	N	N	
16-17 GRAIN	MINI CINNIS	GFS	K-12	1.00 EACH	240	270	39	5	N	N	Y	N	N	N	N	Y	
16-17 GRAIN	OATS OLD FASHIONED DRY*	GFS	K-12	0.50 CUP	150	0	27	5	N	N	N	N	N	N	N	N	
16-17 GRAIN	PANCAKES*	GFS	K-12	2.00 EACH	160	260	27	3	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	PASTA ELBOW MACARONI PREPARED*	GFS	K-12	0.25 CUP	44	1	10	2	N	N	N	N	N	N	N	Y	
16-17 GRAIN	PASTA ROTINI PREPARED*	GFS	K-12	0.25 CUP	44	1	10	2	N	N	N	N	N	N	N	Y	
16-17 GRAIN	PASTA SPAGHETTI PREPARED*	GFS	K-12	0.25 CUP	44	1	10	2	N	N	N	N	N	N	N	Y	
16-17 GRAIN	PRETZEL BUN	GFS	9-12	1.00 EACH	160	0	29	5	N	N	N	N	N	N	N	Y	
16-17 GRAIN	PRETZEL ROD	GFS	K-12	1.00 EACH	70	65	14	2	N	N	N	N	N	N	N	Y	
16-17 GRAIN	RICE BROWN PREPARED*	GFS	K-12	0.25 CUP	43	1	9	1	N	N	N	N	N	N	N	N	
16-17 GRAIN	SQUARE APPLE GRANOLA	GFS	K-12	1.00 EACH	170	170	30	2	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	SQUARE CINNAMON ICED	GFS	K-12	1.00 EACH	160	110	30	2	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	TORTILLA 10" WGR	GFS	9-12	1.00 EACH	180	250	29	5	N	N	N	N	N	N	N	Y	
16-17 GRAIN	TORTILLA 10" WHITE	GFS	7-12	1.00 EACH	190	460	28	5	N	N	N	N	N	N	N	Y	

N/A indicates nutrient data is missing or not available.

!!! indicates ingredient may contain traces of peanuts/treenuts.

Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 GRAIN	TORTILLA 8" WGR	GFS	K-12	1.00 EACH	120	340	20	4	N	N	N	N	N	N	N	Y	
16-17 GRAIN	TORTILLA 8" WGR	GFS	K-12	1.00 EACH	110	95	19	3	N	N	N	N	N	N	N	Y	
16-17 GRAIN	TORTILLA CHIP 2OZ	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	TORTILLA CHIPS: GLUTEN FREE
16-17 GRAIN	TORTILLA CHIP 3OZ	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	TORTILLA CHIPS: GLUTEN FREE
16-17 GRAIN	TORTILLA CHIP YELLOW*	GFS	K-12	10.00 EACH	130	100	20	2	N	N	N	N	N	N	N	N	SEE TORTILLA CHIP LABEL
16-17 GRAIN	WAFFLE BLUEBERRY	GFS	K-12	1.00 EACH	210	170	37	4	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	WAFFLE- EGGO MAPLE	GFS	K-12	1.00 EACH	200	220	35	4	Y	N	Y	N	N	Y	N	Y	
16-17 GRAIN	WAFFLE STIX*	GFS	K-12	1.00 EACH	70	125	14	2	Y	N	Y	N	N	Y	N	Y	
16-17 MEAT ALTERNATE	BURRITO EGG & CHEESE		K-12	1.00 EACH	180	410	14	10	Y	N	Y	N	N	Y	N	Y	
16-17 MEAT ALTERNATE	CHEESE AMERICAN SLICED*	GFS	K-12	1.00 OZ BY WEIGHT (2 SLICES)	110	270	2	5	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE AMERICAN*	GFS	K-12	1.00 OZ BY WEIGHT	110	260	2	5	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE CHEDDAR SHREDDED*	GFS	K-12	1.00 OZ BY WEIGHT	113	180	0	7	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE CHEDDAR SLICED*	GFS	9-12	1.00 EACH	80	135	0	5	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE MOZZARELLA SHREDDED*	GFS	K-12	1.00 OZ BY WEIGHT	60	170	1	7	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE MOZZARELLA*	GFS	K-12	1.00 OZ BY WEIGHT	90	170	0	7	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE SAUCE CHEDDAR 3OZ	GFS	K-12	1.00 EACH	190	570	14	10	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE SAUCE JALAPENO 3OZ	GFS	K-12	1.00 EACH	190	560	15	10	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE SAUCE JALAPENO- SCRATCH		K-12	3.00 OZ	233	589	6	11	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE SAUCE- SCRATCH		K-12	3.00 OZ	233	535	6	11	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	CHEESE STICK	GFS	K-12	1.00 EACH	80	200	2	6	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	COTTAGE CHEESE LOW FAT*	GFS	K-12	4.00 OZ BY WEIGHT	80	440	5	14	N	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	COTTAGE CHEESE LOW FAT*	BORDEN	K-12	4.00 OZ BY WEIGHT	90	480	5	12	N	N	Y	N	N	Y	N	N	
16-17 MEAT ALTERNATE	EGG	BORDEN	K-12	1.00 EACH	72	71	0	6	Y	N	N	N	N	N	N	N	
16-17 MEAT ALTERNATE	EGG HARD COOKED	GFS	K-12	1.00 EACH	80	60	1	6	Y	N	N	N	N	N	N	N	
16-17 MEAT ALTERNATE	EGG PATTY 1.25OZ	GFS	K-12	1.00 EACH	70	110	1	3	Y	N	Y	N	N	N	N	N	
16-17 MEAT ALTERNATE	HUMMUS*	GFS	9-12	4.00 OZ BY WEIGHT	240	460	16	8	N	N	N	N	N	Y	N	N	
16-17 MEAT ALTERNATE	LASAGNA ROLL UP CHEESE	NFG	K-12	1.00 EACH	210	250	30	16	Y	N	Y	N	N	N	N	Y	
16-17 MEAT ALTERNATE	MAC N CHEESE*	GFS	K-12	6.00 OZ BY WEIGHT (2/3 CUP)	290	980	31	17	Y	N	Y	N	N	N	N	Y	
16-17 MEAT ALTERNATE	PATTY BLACK BEAN & SALSA	NFG	7-12	1.00 EACH	130	330	12	13	N	N	N	N	N	Y	N	Y	
16-17 MEAT ALTERNATE	PATTY VEGGIE	GFS	7-12	1.00 EACH	110	350	9	10	Y	N	Y	N	N	Y	N	Y	
16-17 MEAT ALTERNATE	PB & GRAPE JELLY GRAHAM	GFS	K-12	1.00 EACH	300	220	32	9	N	N	N	Y	PB&N	Y	N	Y	
16-17 MEAT ALTERNATE	PB & GRAPE JELLY UNCRUSTABLE	GFS	K-12	1.00 EACH	300	320	32	10	N	N	N	Y	PB&N	N	N	Y	
16-17 MEAT ALTERNATE	PB & GRAPE JELLY UNCRUSTABLE	GFS	9-12	1.00 EACH	630	630	64	19	N	N	N	Y	PB&N	N	N	Y	

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 MEAT ALTERNATE	PB & STRAWBERRY JELLY UNCRUSTABLE	GFS	K-12	1.00 EACH	300	280	32	8	N	N	N	Y	PB&N	N	N	Y	
16-17 MEAT ALTERNATE	PEANUT BUTTER*	GFS	K-12	2.00 TABLESPOON	188	152	8	7	N	N	N	Y	PEA N	Y	N	N	
16-17 MEAT ALTERNATE	YOGURT TRIX CHERRY	GFS	K-12	1.00 EACH	100	50	20	3	N	N	Y	N	N	N	N	N	YOGURT: GLUTEN FREE
16-17 MEAT ALTERNATE	YOGURT TRIX RASPBERRY	GFS	K-12	1.00 EACH	100	50	20	3	N	N	Y	N	N	N	N	N	YOGURT: GLUTEN FREE
16-17 MEAT ALTERNATE	YOGURT TRIX STRAWBERRY BANANA	GFS	K-12	1.00 EACH	100	50	20	3	N	N	Y	N	N	N	N	N	YOGURT: GLUTEN FREE
16-17 MEAT ALTERNATE	YOGURT VANILLA*	GFS	7-12	8.00 OZ BY WEIGHT	200	105	39	7	N	N	Y	N	N	N	N	N	YOGURT: GLUTEN FREE
16-17 OIL/ SPRAY	OIL VEGETABLE	GFS	K-12	1.00 TABLESPOON	120	0	0	0	N	N	N	N	N	N	N	N	
16-17 OIL/ SPRAY	SPRAY BUTTER	GFS	K-12	1.00 EACH	0	0	0	0	N	N	N	N	N	N	N	N	
16-17 OIL/ SPRAY	SPRAY GARLIC MIST	GFS	#N/A	1.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	N	N	N	
16-17 OIL/ SPRAY	SPRAY OLIVE OIL	GFS	K-12	1.00 EACH	0	0	0	0	N	N	N	N	N	N	N	N	
16-17 OIL/ SPRAY	SPRAY PAN COATING	GFS	K-12	1.00 EACH	0	0	0	0	N	N	N	N	N	N	N	N	
16-17 PIZZA PRODUCTS	BOSCO STICKS 7"	GFS	7-12	2.00 EACH	420	540	52	24	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	CALZONE CHEESE	GFS	K-12	1.00 EACH	250	430	33	19	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	CALZONE PEPPERONI	GFS	K-12	1.00 EACH	340	510	35	20	Y	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	CHEEZY BREAD	GFS	K-12	1.00 EACH	280	460	30	16	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA BITES PEPPERONI	GFS	#N/A	4.00 EACH	#N/A	#N/A	#N/A	#N/A	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA CHEESE 16"	GFS	K-12	1.00 EACH	360	490	35	21	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA CHEESE 7"	GFS	9-12	1.00 EACH	470	790	61	24	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA DIPPERS 6"	GFS	K-12	2.00 EACH	280	420	30	18	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA DOMINO'S CHEESE LARGE	DOMINO'S	K-6	1.00 EACH	330	790	38	16	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA DOMINO'S CHEESE XLARGE	DOMINO'S	7-12	1.00 EACH	390	880	48	18	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA DOMINO'S PEPP LARGE	DOMINO'S	K-6	1.00 EACH	350	870	37	16	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA DOMINO'S PEPP XLARGE	DOMINO'S	7-12	1.00 EACH	400	910	46	18	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA MARCOS CHEESE LARGE	MARCO'S	K-6	1.00 EACH	330	590	35	16	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA MARCOS CHEESE LARGE	MARCOS	PS/HS	1.00 EACH	224	0	20	11	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA MARCOS CHEESE XLARGE	MARCOS	7-12	1.00 EACH	360	645	45	18	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA MARCOS PEPP LARGE	MARCOS	K-6	1.00 EACH	340	730	33	15	N	N	Y	N	N	N	N	Y	PIZZA: CONTAINS PORK
16-17 PIZZA PRODUCTS	PIZZA MARCOS PEPP XLARGE	MARCOS	7-12	1.00 EACH	420	825	45	20	N	N	Y	N	N	N	N	Y	PIZZA: CONTAINS PORK
16-17 PIZZA PRODUCTS	PIZZA PAPA JOHN'S CHEESE LARGE	PAPA JOHN'S	K-6	1.00 EACH	360	930	39	15	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA PAPA JOHN'S CHEESE LARGE	PAPA JOHN'S	PS/HS	1.00 EACH	288	744	31	12	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA PAPA JOHN'S CHEESE XLARGE	PAPA JOHN'S	7-12	1.00 EACH	420	1070	51	17	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA PAPA JOHN'S PEPP LARGE	PAPA JOHN'S	K-6	1.00 EACH	390	1020	39	16	N	N	Y	N	N	N	N	Y	
16-17 PIZZA PRODUCTS	PIZZA PAPA JOHN'S PEPP XLARGE	PAPA JOHN'S	7-12	1.00 EACH	470	1210	51	18	N	N	Y	N	N	N	N	Y	

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 PIZZA PRODUCTS	PIZZA THE MAX CHEESE	GFS	K-12	1.00 EACH	270	800	32	15	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA THE MAX PEPPERONI	GFS	K-12	1.00 EACH	270	860	32	16	N	N	Y	N	N	Y	N	Y	PIZZA: CONTAINS PORK
16-17 PIZZA PRODUCTS	PIZZA TONY'S CHEESE	GFS	K-12	1.00 EACH	300	470	34	16	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA TONY'S PEPPERONI	GFS	K-12	1.00 EACH	300	550	33	15	N	N	Y	N	N	Y	N	Y	
16-17 PIZZA PRODUCTS	PIZZA WGR CHEESE 7"	GFS	9-12	1.00 EACH	430	700	57	23	N	N	Y	N	N	N	N	Y	
16-17 PORK PRODUCTS	GRAVY-COUNTRY STYLE SAUSAGE	GFS	K-12	0.25 CUP	70	230	4	2	N	N	Y	N	N	Y	N	Y	GRAVY: CONTAINS PORK
16-17 PORK PRODUCTS	PORK BBQ	GFS	6-12	4.00 OZ BY WEIGHT	230	250	16	21	N	N	N	N	N	N	N	N	PORK BBQ: CONTAINS PORK
16-17 PORK PRODUCTS	PORK COUNTRY FRIED STEAK	GFS	6-12	1.00 EACH	270	380	15	13	Y	N	N	N	N	Y	N	Y	COUNTRY STEAK: CONTAINS PORK
16-17 PORK PRODUCTS	PORK PANCAKE WRAP MAPLE	GFS	K-12	1.00 EACH	240	360	18	7	Y	N	N	N	N	Y	N	Y	PANCAKE: CONTAINS PORK
16-17 PORK PRODUCTS	PORK PULLED PORK	DEPOT BBQ	9-12	3.00 OZ BY WEIGHT	158	67	0	*N/A*	N	N	N	N	N	N	N	N	
16-17 TURKEY PRODUCTS	BACON*	NFG	K-12	3.00 EACH	64	448	0	9	N	N	N	N	N	N	N	N	BACON: SEE LABEL
16-17 TURKEY PRODUCTS	BAGEL SAUSAGE & GRAVY	NFG	7-12	1.00 EACH	160	400	22	10	N	N	Y	N	N	Y	N	Y	
16-17 TURKEY PRODUCTS	BURRITO EGG CHEESE & SAUSAGE	NFG	9-12	1.00 EACH	160	280	20	8	Y	N	Y	N	N	Y	N	Y	
16-17 TURKEY PRODUCTS	CORN DOG - MINI TURKEY	GFS	K-12	6.00 EACH	267	365	33	9	Y	N	Y	N	N	Y	N	Y	
16-17 TURKEY PRODUCTS	PIZZA BF BACON	EGG & CHEESE GFS	K-12	1.00 EACH	210	340	23	10	Y	N	Y	N	N	Y	N	Y	
16-17 TURKEY PRODUCTS	PIZZA BF SAUSAGE & CHEESE	GFS	K-12	1.00 EACH	210	480	26	9	N	N	Y	N	N	Y	N	Y	
16-17 TURKEY PRODUCTS	PRETZEL DOG	GFS	9-12	1.00 EACH	270	410	30	10	N	N	N	N	N	N	N	Y	
16-17 TURKEY PRODUCTS	RAVIOLI PEPPERONI	NFG	#N/A	8.00 EACH	#N/A	#N/A	#N/A	#N/A	Y	N	Y	N	N	N	N	Y	
16-17 TURKEY PRODUCTS	TURKEY & GRAVY	GFS	#N/A	4.00 OZ BY WEIGHT	#N/A	#N/A	#N/A	#N/A	N	N	N	N	N	Y	N	N	
16-17 TURKEY PRODUCTS	TURKEY BREAST DELI*	GFS	K-12	3.20 OZ BY WEIGHT	112	496	0	14	N	N	N	N	N	N	N	N	TURKEY: SEE USDA LABEL
16-17 TURKEY PRODUCTS	TURKEY BREAST OVEN ROASTED*	GFS	K-12	4.00 OZ BY WEIGHT	90	540	3	18	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY BREAST OVEN ROASTED*	GFS	K-12	3.86 OZ BY WEIGHT	90	870	2	18	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY BREAST SLICED*	GFS	K-12	3.10 OZ BY WEIGHT	80	440	0	19	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY HAM DICED*	GFS	K-12	3.01 OZ BY WEIGHT	100	530	1	13	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY HAM*	GFS	K-12	3.58 OZ BY WEIGHT	120	870	2	15	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY HOT DOG	GFS	K-12	1.00 EACH	120	260	1	8	N	N	N	N	N	N	N	N	HOT DOG: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY PATTY	NFG	K-12	1.00 EACH	90	200	2	16	N	N	N	N	N	N	N	Y	
16-17 TURKEY PRODUCTS	TURKEY ROAST*	GFS	K-12	2.00 OZ BY WEIGHT	80	300	0	10	N	N	N	N	N	N	N	N	TURKEY: SEE USDA LABEL
16-17 TURKEY PRODUCTS	TURKEY SAUSAGE LINK	GFS	K-12	1.00 EACH	60	80	0	6	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 TURKEY PRODUCTS	TURKEY SAUSAGE PATTY	GFS	K-12	1.00 EACH	60	80	0	6	N	N	N	N	N	N	N	N	TURKEY: GLUTEN FREE
16-17 VEGETABLE	BEAN BLACK CAN	GFS	K-12	0.50 CUP	60	180	10	3	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BEAN GREEN CAN	GFS	K-12	0.25 CUP	16	140	2	1	N	N	N	N	N	N	N	N	GREEN BEAN: SEE USDA LABEL
16-17 VEGETABLE	BEAN GREEN FROZEN	GFS	K-12	0.25 CUP	10	1	2	1	N	N	N	N	N	N	N	N	GREEN BEAN: SEE USDA LABEL

N/A indicates nutrient data is missing or not available.

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Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 VEGETABLE	BEAN LIMA FROZEN	GFS	K-12	0.25 CUP	60	13	11	4	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BEAN NAVY	GFS	K-12	0.25 CUP	64	0	12	4	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BEAN PINTO	GFS	K-12	0.25 CUP	61	0	11	4	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BEAN PINTO CAN	GFS	K-12	0.25 CUP	45	150	11	3	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BEAN REFRIED CAN	GFS	K-12	0.25 CUP	45	245	8	3	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BEAN VEGETARIAN CAN	GFS	K-12	0.25 CUP	60	70	14	3	N	N	N	N	N	N	N	N	BEAN: SEE USDA LABEL
16-17 VEGETABLE	BROCCOLI		K-12	0.25 CUP	8	8	2	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	BROCCOLI FROZEN	GFS	K-12	0.25 CUP	13	11	3	2	N	N	N	N	N	N	N	N	BROCCOLI: SEE USDA LABEL
16-17 VEGETABLE	BRUSSELS SPROUTS FROZEN	GFS	K-12	0.25 CUP (3 SPROUTS)	16	6	3	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CABBAGE SHREDDED	GFS	K-12	0.25 CUP	4	3	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CALIFORNIA VEGETABLE BLEND	GFS	K-12	0.25 CUP	7	10	2	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CARROT		K-12	0.25 CUP	13	22	3	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CARROT FROZEN	GFS	K-12	0.25 CUP	14	22	3	0	N	N	N	N	N	N	N	N	CARROT: SEE USDA LABEL
16-17 VEGETABLE	CARROT MATCHSTICK SHREDDED	GFS	K-12	0.25 CUP	14	23	3	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CARROT SNACK 10Z	GFS	K-12	1.00 EACH	13	15	3	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CARROT SNACK 20Z		K-12	1.00 EACH	25	29	6	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CAULIFLOWER		K-12	0.25 CUP	7	8	1	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CAULIFLOWER FROZEN	GFS	K-12	0.25 CUP	6	6	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CELERY		K-12	0.25 CUP	4	20	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	CORN CAN	GFS	K-12	0.25 CUP	33	8	8	1	N	N	N	N	N	N	N	N	CORN: SEE USDA LABEL
16-17 VEGETABLE	CORN COBBETTE FROZEN	GFS	K-12	0.25 CUP	39	2	9	1	N	N	N	N	N	N	N	N	CORN: SEE USDA LABEL
16-17 VEGETABLE	CORN FROZEN	GFS	K-12	0.25 CUP	34	1	8	1	N	N	N	N	N	N	N	N	CORN: SEE USDA LABEL
16-17 VEGETABLE	CUCUMBER		K-12	0.25 CUP	4	1	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	EDAMAME FROZEN	GFS	K-12	0.25 CUP	47	2	4	4	N	N	N	N	N	Y	N	N	
16-17 VEGETABLE	GREENS COLLARD FROZEN	GFS	K-12	0.25 CUP	15	21	3	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	GREENS TURNIP FROZEN	GFS	K-12	0.25 CUP	12	6	2	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	LETTUCE ROMAINE		K-12	0.50 CUP	4	2	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	LETTUCE SHREDDED	GFS	K-12	0.50 CUP	5	3	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	MIXED VEGETABLE BLEND 5 WAY	GFS	K-12	0.25 CUP	26	9	4	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	ONION		K-12	0.25 CUP	16	2	4	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	PEAS CAN	GFS	K-12	0.25 CUP	30	70	6	2	N	N	N	N	N	N	N	N	PEAS: SEE USDA LABEL
16-17 VEGETABLE	PEAS FROZEN	GFS	K-12	0.25 CUP	31	29	6	2	N	N	N	N	N	N	N	N	PEAS: SEE USDA LABEL
16-17 VEGETABLE	PEPPER GREEN		K-12	0.25 CUP	7	1	2	0	N	N	N	N	N	N	N	N	

N/A indicates nutrient data is missing or not available.

!!! indicates ingredient may contain traces of peanuts/treenuts.

Ingredient Group	Ingredient Description	Vendor	Grade	Serving Size	Calories (kcal)	Sodium (mg)	Carb (g)	Protein (g)	Eggs	Fish	Milk	Peanuts	Shellfish	Soybeans	Tree Nuts	Wheat	Other*
16-17 VEGETABLE	PIZZA SAUCE WITH BASIL*	GFS	K-12	0.25 CUP	30	90	6	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO		K-12	1.00 EACH (MEDIUM)	163	12	36	4	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO CRINKLE CUT	GFS	K-12	0.25 CUP	55	10	9	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO MASHED PREPARED	GFS	K-12	0.25 CUP	35	55	7	7	N	N	Y	N	N	N	N	N	POTATO: GLUTEN FREE
16-17 VEGETABLE	POTATO SEASONED ROASTERS	GFS	K-12	0.25 CUP	50	55	10	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO SHOESTRING	GFS	K-12	0.25 CUP	50	63	9	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO STEAK FRY	GFS	K-12	0.25 CUP	90	20	15	2	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO STIX SEASONED	GFS	7-12	0.25 CUP	60	68	10	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO SWEET CAN	GFS	K-12	0.25 CUP	60	15	15	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO TATOR TOTS	GFS	9-12	0.25 CUP	65	155	8	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	POTATO WEDGE	GFS	K-12	0.25 CUP	51	21	8	1	N	N	N	N	N	N	N	N	POTATO: SEE USDA LABEL
16-17 VEGETABLE	POTATO WEDGE	GFS	7-12	0.25 CUP	55	90	12	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	SOUP TOMATO CLASSIC*	GFS	K-12	4.00 OZ	45	240	10	1	N	N	N	N	N	N	N	Y	
16-17 VEGETABLE	SOUP TOMATO LOW SODIUM*	GFS	K-12	4.00 OZ	60	40	11	2	N	N	Y	N	N	N	N	Y	
16-17 VEGETABLE	SPAGHETTI SAUCE*	GFS	K-12	0.25 CUP	30	305	6	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	SPINACH FROZEN	GFS	K-12	0.25 CUP	16	46	3	2	N	N	N	N	N	N	N	N	SPINACH: SEE USDA LABEL
16-17 VEGETABLE	SQUASH FROZEN	GFS	K-12	0.25 CUP	19	1	5	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	SQUASH YELLOW SLICED FROZEN	GFS	K-12	0.25 CUP	6	2	1	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	TOMATO		K-12	0.25 CUP	8	2	2	0	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	TOMATO DICED CAN	GFS	K-12	0.25 CUP	15	8	3	1	N	N	N	N	N	N	N	N	TOMATO: SEE USDA LABEL
16-17 VEGETABLE	TOMATO PASTE		K-12	1.00 TBSP	15	8	4	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	TOMATO SAUCE*	GFS	K-12	0.25 CUP	15	70	4	1	N	N	N	N	N	N	N	N	
16-17 VEGETABLE	ZUCCHINI SLICED FROZEN	GFS	K-12	0.25 CUP	10	1	2	1	N	N	N	N	N	N	N	N	

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